

The entire poster is framed by a decorative border of autumn-themed illustrations. At the top left, there are clusters of small orange berries and a large maple leaf. The top right features a single orange flower and more berries. The right side is adorned with various autumn leaves. The bottom left shows two mushrooms, one large and red-capped, and a smaller grey one. The bottom right is dominated by a large orange pumpkin. Scattered throughout the border are various other leaves and small flowers in shades of orange, red, and brown.

AUTUMN *Equinox*

THURSDAY SEPT 21, 2023

6-7:00PM \$20

*TIME TO LET GO AND
LET YOUR YOGA DANCE!!
MOVING MEDITATION,
SACRED TO SILLY TO SUBLIME
FOR ALL BODIES, ALL SKILLS*

*JUST BE YOGA STUDIO
234 NEW HAVEN AVE
MILFORD, CT*

