

Let Your Yoga Dance!

with Andrea Cashman

# Ring in the Holidays

*Fun and Free Movement for the  
Mind Body Spirit*

*Snacks and Refreshments*

.....  
Saturday  
December

| 2 |

10:45-12pm

.....  
\$25 suggested donation supporting  
World Central Kitchen

*At Just Be Yoga*

234 New Haven Ave, Milford, CT 06461

<https://www.justbeyogaandwellness.com/schedule>

