

Let Your Yoga Dance!

with Andrea Cashman

Ring in the Holidays

*Fun and Free Movement for the
Mind Body Spirit*

Snacks and Refreshments

Saturday
December

2

10:45-12pm

\$25 suggested donation supporting
World Central Kitchen

At Just Be Yoga

234 New Haven Ave, Milford, CT 06461

<https://www.justbeyogaandwellness.com/schedule>

