



link in bio

*Let Your Yoga Dance
at Just Be Yoga and Wellness*

Sat 1/20/24 10:30am

**A Chakra-Clearing Fusion of gentle Yoga and
user-friendly dance to the beat of World Music.**

Fun and accessible for all ages and abilities.

**The seven energy centers provide the foundation
for this dance of yoga.**

\$15 in advance, \$20 at door

Or Just Be Yoga Class Pass

234 New Haven Ave, Milford, CT

<https://www.justbeyogaandwellness.com/>

